

Bethel Colony of Mercy Travel Itinerary & Packing List by secretamericatravel.com

Travel Itinerary

Day 1: Arrival

- **Time:** [Insert Arrival Time]
- **Location:** Bethel Colony of Mercy, 1675 Bethel Colony Rd, Lenoir, NC 28645, USA
- **Notes:** Check-in process at the facility. If you are visiting as a family member or guest, please arrive during the designated visiting hours.

Travel Tips:

- **From Charlotte:** 1.5 hours
 - **From Hickory:** 1 hour
 - **Closest Airport:** Charlotte Douglas International (CLT)
 - **Contact Number for Emergency:** [Insert Bethel's Contact Number]
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Packing List

Essential Items

- **Identification:** Driver's license, passport, or other ID
- **Insurance Cards:** In case of medical emergencies
- **Contact Information:** Family or support contacts

Clothing

- **Weather-Appropriate Clothing:**
 - Casual, comfortable clothes (for work therapy and classes)
 - Light jacket or sweater (for cooler evenings)
 - Work clothes for outdoor activities
 - Comfortable shoes (suitable for walking and outdoor work)
 - Socks, underwear, and sleepwear

- **Swimwear** (optional, if there are any recreational swimming activities)

Personal Hygiene Items

- **Toiletries:** Toothbrush, toothpaste, soap, shampoo, deodorant, etc.
- **Towels** (bath and hand towels)
- **Shaving Kit** (if needed)
- **Medications:** Prescription meds (must be approved by Bethel staff)

Spiritual & Study Items

- **Bible** (if not provided by Bethel)
- **Notebook and Pen** for journaling or taking notes during classes
- **Prayer Journal** (optional)

Work Gear

- **Work Boots and Gloves** (for any outdoor work assignments)
- **Durable Clothing** suitable for manual labor

Prohibited Items

- **Electronics:** Phones, laptops, tablets (unless permitted for special purposes)
- **Food and Drinks** (unless previously approved by Bethel)
- **Tobacco, Alcohol, and Drugs** (strictly prohibited)

Important Reminders

- **Arrive on time** for the check-in process.
- Be prepared for a welcoming but structured environment.
- Your packing should reflect your commitment to a structured, faith-based recovery experience.
- **For Family Visitors:** Schedule visits in advance.